



Communication, engagement and relationship-based professional practice – demonstrate knowledge and skills to support effective communication, collaboration and relationship-based practice in a range of settings. Use trauma responsive approaches to actively involve and support the involvement of people, including families and carers to plan, implement and evaluate interventions.

Focus **2.1** Trauma-informed practice.

Mandatory learning activity

Using the national trauma training resource, complete the level appropriate to your role.

Reflect on how you use trauma informed approaches in your practice, considering how you actively involve and support the participation of individuals, families and carers.

Explore the links between the impacts of social inequality and systemic oppression and trauma. Identify any implications and actions for your practice.

Please note, this mandatory learning activity relates most closely to core learning element 2: communication, engagement and relationship-based professional practice but all core learning elements are interconnected and should be considered holistically.

Please read [Core learning elements for social workers: NQSW descriptors and mandatory learning activity 2024](#) for full detail on how to meet the NQSW CPL requirements.