

Care in Scotland it's life changing work

Stephanie Gormley, Support Worker

**"nothing beats the feeling you
get from making others happy"**

Stephanie is a support worker with Gowrie Care and chose a career in social services as she enjoys helping others.

**What type of service
do you work in?**

It is supported living for four people who use wheelchairs who have a range of complex needs and need support with daily living.

**Have you always
worked in social
services?**


Yes, I worked in a care home before working with Gowrie Care.


**What made you
choose the career
you have now?**

It's always what I wanted to do as I enjoy helping others.

**Can you tell us more
about your job?**

I support four people who use wheelchairs with every aspect of their daily life such as personal care, medication, finances, meal times etc.





Can you give an example of something that you are working on at the moment?

I am currently working on a service user review.

What qualifications do you need for this job?

You need to be willing to work towards your SVQ. I already had my SVQ 2 before starting here.

Who else is in your team?

Manager, assistant manager, support workers, assistant support workers and students.

Do you work with other professionals in other sectors eg health, teaching, justice?

Yes, we liaise with other health care professionals to ensure the health and wellbeing of our service users and to make sure all of their needs are met. We work with GP's, dentists and psychiatrists.

What part of your job motivates you and why?

Knowing that I can support individuals to live their lives in a way they otherwise wouldn't be able to without help makes me feel like I am really achieving something in life.

What are the best bits about your job?

Making the individuals happy as it gives me a great sense of achievement making others happy.


What are the challenges, good and not so good that you face in your job?

I like a challenge and every day isn't the same. Individuals have mood changes and this can prove difficult when supporting them with tasks.

In what way is your career in social services rewarding?

I make others happy and I love doing this.





Can you explain the skills and qualities you think are needed to do the role you're doing?

I think you need to be patient, understanding, empathetic, a good listener, kind, caring, compassionate and many others.

Has your job opened up new learning and development for you?

Yes I have attended various training courses. I really enjoyed doing the Makaton course so I can now sign to the people who use the service.

How do you see your career progressing?

I want to be a mental health nurse and I am currently doing the access to nursing course.

What would you say to someone thinking about a career in social services?

I would say go for it, it is such a rewarding job and nothing beats the feeling you get from making others happy.

Is a career in care the career for you?

Try our interactive resource, **A question of care: a career for you** to see what a career in care is like. At the end you'll receive a detailed personal profile that tells you if you've got what it takes to join us!

You can hear from people already working in social care, early years or social work as they talk about why they love their job and what a difference they make to someone's life. And find out about the many different types of jobs and areas you can work in.

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